

Community Day Program FAQs

Who is eligible for the Community Day Program?

Our Community Day Program serves adults with intellectual and/or developmental disabilities (I/DD) age 18+. We work with each individual, their family, support team, and funding source to determine whether our program is a good fit for their needs and goals.

What are the hours of the Community Day Program?

The program runs from 9am-2pm. Drop off runs from 8:30am-10am (depending on their needs and para transit) and pickup runs from 2-3pm.

What does a typical day look like?

No, two days are exactly the same! Participants enjoy a variety of activities focused on independence, personal growth, wellness, creativity, social connection, and community involvement. Activities may include creative arts, adaptive wellness, life skills, recreation, volunteering, community outings, and opportunities to explore new interests and experiences.

Is lunch included?

No, lunch must be brought with each participant to match their dietary needs. Staff are available, however, to assist with cutting up food, pureeing, thickening liquids, heating up in the microwave, and feeding.

What do participants need to bring with them each day?

Participants will need to bring their lunch, a water bottle, spare clothes, briefs and wipes (if needed), and approved medication (if needed).

How are medications handled?

We assist with self-administering medication, but we do not have medical staff onsite. Medications must be in their original packaging. Comprehensive medication lists must be provided during their annual PCSP meeting. We can store PRNs on-site if directions can be provided around behaviors and signs that the medication might be needed.

How are activities individualized for each participant?

Our services are person-centered, meaning we focus on each individual's abilities, interests, needs, preferences, and personal goals. Participants are encouraged to make choices, try new experiences, build skills, and take an active role in their day.

How often do participants go out into the community?

Community inclusion is an important part of our program. Participants regularly have opportunities to get out into the community to volunteer, exercise, visit local attractions, explore parks and museums, attend community events, and experience new places throughout the Salt Lake Valley.

Are community activities free?

We do our best to find free activities, and that is our priority to be inclusive to all participants. We do offer a recreational funds option, where participants/guardians can contribute to a fund in

case we received subsidized tickets to an activity they'd like to participate in, or if they'd like to buy a treat while we are out.

Do you provide transportation?

Yes. Ability Inclusion Services provides accessible transportation to help participants get to and from our programs and access activities throughout the community. We serve Salt Lake County (no further south than Bangater, no further west than mountain view, north to the county line, highland ave on the east side. Transportation is limited based on parameters, existing routes and seat availability. Paratransit or flex trans do drop offs here as another option. Transportation availability and individual needs are discussed as part of the enrollment process.

Can you support individuals who use wheelchairs, are nonverbal, or have higher support needs?

Yes. We serve adults with a wide range of abilities and support needs, including individuals who use mobility devices or communicate in different ways. Our team works to understand each person's individual needs and determine how we can best support their safety, participation, independence, and success.

How is the Community Day Program funded?

Many participants receive services through Utah's Division of Services for People with Disabilities (DSPD) and Medicaid funding. For individuals who are still waiting for state funding, our REACH Scholarship Program may provide another pathway to access meaningful day services. We also accept private self-pay. Contact us to learn more about available funding options.

Can someone attend if they are on the DSPD waiting list?

Possibly! Our REACH Scholarship Program was created to help bridge the gap for adults with I/DD who are waiting for DSPD funding. Scholarship availability and eligibility may vary, so we encourage families to contact us to learn more.

What holidays is the Day Program closed on?

New Year's Day, Memorial Day , 4th of July, 24th of July, Labor Day, Thanksgiving & the day after, and Christmas Day

Can participants attend part time?

We understand that every individual's needs and schedule are different. Attendance options are discussed during the enrollment process so we can determine what schedule works best for the participant and our program.

Can I tour the Community Day Program before enrolling?

Absolutely! We encourage individuals, families, caregivers, and support coordinators to visit Ability Inclusion Services, meet our team, see our program in action, and ask questions. A tour is a great way to determine whether AIS feels like the right fit.

How do I get started?

Getting started is easy. Contact Ability Inclusion Services to tell us a little about the individual

looking for services and schedule a tour. We'll talk with you about their needs, interests, goals, funding, transportation, and support requirements and help determine the next steps.

Ready to learn more?

We would love to meet you! Contact Ability Inclusion Services at **801-977-9779** to ask questions or schedule a tour of our Community Day Program.