



## Summer Youth Program Overview

### Program Overview

Ability Inclusion Services' Summer Youth Program serves young adults with disabilities ages 18 to 22 in post high transition. The program offers a structured, full day experience that supports successful transitions into adulthood through community engagement, early job exploration, and life skills development. Participants attend five days per week and engage in both community based and center-based learning.

### Weekly Program Structure

Day	Program Focus	Sample Activities
Monday	Center Based Learning	Cooking, fitness, social skills, art, STEM
Tuesday	Community Based Learning	Volunteering, workplace tours, job skill practice
Wednesday	Center Based Learning	Life skills, laundry, gardening, crossover to day program
Thursday	Community Based Learning	Community navigation, teamwork, communication
Friday	Flexible / Enrichment	Special outings, guest speakers, goal check ins

### Program Goals & Outcomes

- Maintain consistent routines during summer months
- Increase independence and daily living skills
- Build confidence, social connection, and community engagement
- Introduce career options through workplace tours and community-based experiences
- Support measurable progress toward individualized transition goals

### Community Impact

This program addresses the limited availability of summer options for youth with disabilities in West Valley City and surrounding areas. It provides families with safe, meaningful summer support while helping participants build skills, relationships, and a positive pathway into adulthood.